Transformation Tables in the Workplace



What are Transformation Tables?



Change Your World Transformation Tables are values-based leadership lessons designed to be experienced in a group setting.

Transformation Tables start with Values Tables, six lessons on key universal values: Hope, Listening, Valuing Every Person, Integrity, Forgiveness, and Multiplication. When we learn and begin to live out good values, we experience personal transformation.

After completing Value Tables, the next phase of the CYW Journey is Action Tables. These tables build on the foundation of good values and focus on learning to make a difference by intentionally taking action each day.



Anyone in your organization can join a table! Have a team or department in mind? Looking to grow connections across departments? You should need 4-8 people to get started.

Why should your organization start Transformation Tables?



The results are life-bringing to an organization.

- Teams develop a common language and a deeper connection as they spend time learning each other's personal values, experiences, and goals.
- Teammates report feeling heard and team leaders report higher levels of engagement.
- The organizational culture shifts to reflect values-based, people centric leadership principles.



It's free.

 There is no cost to begin Transformation Tables! Simply register on changeyourworld.com.



It's a minimal time commitment.

Meet with your group 1 hour a week for 6 weeks, or 1 hour a week for 12 weeks.

Real Workplace Testimony:

After going through Transformation Tables, one employee from Movement Mortgage shared his experience: "When I read the characteristics of a bad listener and I realized I was the problem, I just felt like I got punched in the gut, the face, everywhere." He had been struggling with his teammates, but during the Listening lesson, he realized that he was the problem. While this recognition was uncomfortable, the lesson helped him to take practical steps to listen to his teammates better and ultimately improve their relationships.